



## Support Group: Support In Your Grieving

JFS  
MENTAL HEALTH  
PROGRAMS

let's talk  
about it

We invite you to join a bereavement support group for anyone who has lost a loved one to death by suicide or overdose.

We hope to help you understand what you may be feeling. You may also gain understanding about practical details that need your involvement. You may find guidance knowing how and where to seek support in the days, weeks, months and years ahead. You may find solace in grieving in community.

We know that grieving a death by suicide and overdose presents a particularly complex process and we want to provide a group that is sensitive to this traumatic pain and loss. The group is open to those of all faiths.



Jewish Family Service of Houston.

## Grief Support Group After Death by Suicide/Overdose



**Begin Aug 29, 1-2pm**



**Jewish Family Service**

**4131 S. Braeswood, Houston, Texas 77025**



Contact [laurie@lauriemorgansilver.com](mailto:laurie@lauriemorgansilver.com)

or call **713-542-5544** to discuss your  
participation in the group

Facilitated by Laurie M. Silver, LCSW,  
Psychotherapist and Consultant to JFS

Cost:  
**Free**